

## **Playdough Fun!**

Hello StrongStart friends,

This content is put together by Ms. Joni (Waverly), Ms. Maribel (Seymour), Ms. Zabeen (Henderson) and Ms. Maxine (Champlain Annex).

Let's make play dough at home! Your children can help with measuring the ingredients (great pre-math practice) and kneading the dough (helps with fine motor skills). Some play dough recipes may be overwhelming and require cooking over a stove. Not this recipe!

### **Easy Playdough Recipe and Instruction**

#### **Ingredients:**

1 cup of all purpose flour  
1/4 cup of salt  
1 cup of hot water  
1 teaspoon of oil  
Food colouring (optional)

#### **Instructions:**

- 1) Pour the flour into the bowl and add 1/4 cup of salt. Mix well.
- 2) Add 1/2 cup of water into the mixture. Mix it together. If it is still too dry, add more water gradually. If the flour is too sticky, add more flour.
- 3) Use your hands to knead the dough (get messy!)
- 4) If you have food colouring, add it now. Continue to knead until the colour is distributed evenly.
- 5) Make a small hole in the middle of the playdough and add 1 tsp of oil. Knead until desired consistency!

If you are a visual learner, you can follow Ms. Joni make playdough in this video

- <https://youtu.be/iK1QuXdz1DM>

Ms. Joni also has a Playdough Song to help you remember the ingredients and steps

- <https://youtu.be/9LUxbIY26tE>. The video has lyrics on screen - just like karaoke!

*This is the way we make a playdough,  
Make a playdough, make a playdough.  
This is the way we make a playdough,  
On this early morning.*

*We put the flour into the bowl,  
Add hot water and some salt.  
Add some food color and mix them together,  
Add some oil at last.*

*This is the way we knead them together,  
Knead them together, knead them together.  
This is the way we knead them together,  
Then we have our playdough.*

If you don't have flour, Ms. Maribel has a recipe for **Cloud Playdough** which uses conditioner and cornstarch! Photos and instructions are listed at the end of this email.

Okay, playdough is done! Now, for the companions. You don't need cookie cutters or designated play dough tools. You can use simple toys and household items like pots and pans from children's kitchen sets, kids' scissors, leaves, rocks, animal figurines and more! You can use plastic forks to make imprints and rulers to cut. Look around your home and share with us what creative tools you found that works!



To wrap up, here is a video to a reading of a book called "Playdough Making Shapes with Monkey" - <https://youtu.be/bTCQD5c2DqW>. In this book, they make five different shapes - circle, square, triangle, rectangle and star. Can you make those shapes - use? Take a picture and let us know.